



High Line VBC

2009–2010 Season

High Line VBC
Long Beach, CA

Volume V, Issue I
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Parent Information Sheet

Keep informed! Check www.highlinevbc.com for all the latest news!

What is Club Volleyball? Club Volleyball consists of organized volleyball programs that provide higher level training, practice and tournaments. There is a governing body — Southern California Volleyball Association (SCVA) — that organizes all tournaments and regulates the individual club programs. SCVA is affiliated with USA Volleyball—the national governing body of amateur volleyball.

IMPORTANT INFO:

- Randy Totorp's Cell — (562) 843-9381
- Charla Nuñez' Cell — (562) 618-4689
- Matt Silva's Cell — (562) 843-3355

Why Should You Get Your Son Involved In Club Volleyball?

Due to high school off-season volleyball training limitations, it becomes next to impossible to catch up with the experience of many high school programs without playing club volleyball. In addition, any volleyball athlete interested in the possibility of playing volleyball in college will need the training to make that goal happen. Club volleyball can help with both improving the high school volleyball experience and allow for the potential opportunity to continue playing in college.

MARK YOUR CALENDARS!

HIGH LINE VBC

FUNDRAISER IS

NOVEMBER 8th AT 4PM!

Junior Olympic All Americans

Jordan Dufalt	2005
Mike Wilder	2006, 2007, 2009
Rob Tindula	2007
Jake MacRae	2007
Jonathan Schaefer	2008
Nathan Corkhill	2008
Kyle Polema	2009

The Club Volleyball

Season:

Club Volleyball is broken down into age divisions, with the seasons corresponding with those age groups.

The 14 and under divisions start practices in September and tournament play in December. They play through to July.

The 15 to 18 divisions begin practice in September, tournament play in November, then have a break during the high school season (February—May). They start back at the end of May and play through July.

High Line VBC will also offer Training Groups, which will be structured after try-out results are finalized.

Team Performance High Lights

U16 J.O. Bid	2004
U17 Open 5th Place	2005
U18 J.O. Bid	2006
U14 Open Bronze	2007
U15 Club Bronze	2007
U17 Club Silver	2007
U13 Silver Medal	2008
U15 Open Bronze	2008
U14,U15,U16,U17, U18 J.O. Bid	2009

High Line Volleyball Club Mission — High Line VBC seeks to always provide fun, challenging, and disciplined training for volleyball players looking to improve their skills and become a more elite athlete.

Entering into its 7th year, High Line Volleyball Club was formed by Long Beach City College's Men's Head Volleyball Coach, Randy Totorp, with the commitment to train athletes to reach their peak potential in the sport of volleyball. The coaches and staff are dedicated to challenge, motivate, and push the athletes to an elite level of com-

petition. The practice and training emphasis will always be that of instilling hard work, dedication and passion for what you do. In the end, it is our goal to help foster talented, responsible, and confident young men who will succeed at the next level of college and their futures.

High Line VBC Costs:

All club programs have operating expenses. The cost to play volleyball for High Line is broken into two seasons (see schedule on right).

In addition to standard club training, our Club costs (dues) include beach VB training and Strength & Conditioning Training with Certified Strength coach—Trevor Johnson. A uniform

package inclusive of 2 jersey tops, 1 tank top, 1 long sleeve jersey top, 2 pairs of shorts, 2 practice t-shirts, warm-up pants, socks, and a sports bag is included as well. These fees also cover the player registration fee, team registration fee, coach registration fee, gym rental, tournament fees, coach's fees and club operation expenses.

* If you are planning to pay by check, you have two options:

1. You can pay the **FULL** amount due on Sept. 20th, or
2. You can turn in **TWO** checks on **Sept. 19th**—one dated Sept. 21, 2009 and one dated Nov. 21, 2009. (The date that the second check will be deposited.)

September 19, 2009 <i>Fall Club dues *</i>	\$1700
February 7, 2010 <i>JO Intent Fee</i>	\$400
May 30, 2010 <i>JO/Spring Costs</i> <i>(excludes airfare, hotel, meals)</i>	\$700

